

Exeter Wheelers Cycling Club presents

Exeter Wheelers Hill Climb

Sunday 25th September 2022. First rider starts at 10:05am Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Race HQ Hilltop riding school Pennsylvania Rd Exeter EX4 5BN Time Keepers Sally Hutter, Mike Rose and Ken Evans Marshals and Helpers Members and friends of Exeter Wheelers Cycling Club

Event Organiser

Andrew Whittemore Tel: 07388877190 Email: andrew.whittemore@hotmail.co.uk

Helmets and lights

Helmets and both front and rear lights are compulsory for this event.

Headquarters

The race headquarters is in the courtyard of the Hilltop riding school, EX4 5BN. The HQ is open from 9:00am-9:40am.

Refreshments are available from **The Secret Garden** van located in the HQ courtyard. We cannot guarantee the storage of belongings at the HQ as this is an open courtyard.

Parking

Parking is available at the race HQ. Please note that you park at the HQ entirely at your own risk. Please follow marshal instructions when parking. Once the main car park is full, there are alternative car parks at;

- Top of stoke hill https://www.google.co.uk/maps/@50.7456093,- 3.5261812,216m/data=!3m1!1e3
- Middle of Stoke Hill https://www.google.co.uk/maps/@50.7513446,- 3.5254737,288m/data=!3m1!1e3

Registration and Race Numbers

Please sign the registration form at the race HQ (open from 9:00am) and collect your race number. Please note that you must sign the registration form in order to ride. Wear your race number low down on your back ensuring it will be visible to the timekeepers.

Please return your number afterwards.

Under 18s

All riders under the age of 18 must provide a parental consent form signed by a parent or guardian. We ask that you download the consent form from

https://www.cyclingtimetrials.org.uk/documents/download/3737 and bring the completed form with you to save time.

Blank forms will be available at the HQ on the day if required. You will not be allowed to ride unless we have received your consent form.

Toilets

Toilets are available at the HQ. Please note that we are unable to offer changing facilities.

Warming Up

There is room to warm up on rollers or turbo trainers in the HQ car park. You may also warm up on the course but only until 10:00am, after which only competing riders should ride up the hill.

Getting to the Start

Turn left out of HQ car park (TAKE CARE as you join the Wreford's Lane as is a steep gradient and contains gravel) and descend the climb to the start at the A396 junction. Please follow marshals' instructions and queue for the start in the designated area. Please arrive at the start in good time. We recommend you allow at least five minutes to ride to the start.

Known locally as Stoke Hill, the course is on Pennsylvania Road which runs between the A396 and Wrefords Lane on the northern edge of Exeter.

Start at the marker approximately four metres before the large tree on the left-hand side at the bottom of the hill, approximately 30 metres before the gateway (SX 932 966). Finish one meter beyond the beginning of the taper for the entrance to Roman Hill (private residence) before the 30mph speed limit signs (SX 923 953).

Important Course Information

In the event of an emergency it may be necessary to stop the race to allow emergency vehicles to safely access property on the hill. Please obey marshals' instructions at all times.

Finishing

Please shout your race number as you finish. This helps to ensure your time is recorded correctly. Continue well beyond the finish line, be aware of riders finishing behind you who may be travelling more quickly. Turn only when it is safe to do so. Please obey the marshals when descending - you may not be able to descend immediately if other riders are finishing. Please descend slowly, keep to the left and ride on the left of all traffic cones. Please respect other competitors at all times.

Refreshments

Refreshments will be available from The Secret Garden, located at the race HQ.

Prizes

Prizes will be presented shortly after the final rider has race finished races, at the race HQ. Prizes will be

given on the day but if requested they can be done via bank transfer. Equal prize money will be awarded to men and women, as follows:

- 1st £40
- 2nd £25
- 3rd £15

Additional prizes of £15 will be awarded, to both men and women, for the following categories if they contain one or more people:

- Juvenile (under 16 on race day)
- Junior (16 or over on race day, and 18 or under on 31st December 2022)
- Espoir (18 or over on race day, and 22 or under on 31st December 2022)
- Veterans
 - from 40 up to 50 years on race day
 - from 50 up to 60 years on race day
 - 60+

The fastest rider from Exeter Wheelers will win the club hill climb shield.

Acknowledgements

Our thanks to:

- Hilltop riding school for providing the venue
- The Secret Garden for providing refreshments https://www.facebook.com/secretgardenexe/
- Members of EWCC for helping to run the event

bib	start time	first name	last name	club	gender	category
1	10:01					
2	10:02					
3	10:03					
4	10:04					
5	10:05	Graham	Turner	Exeter Whs CC	Male	Vet (50-60)
6	10:06	Jude	Anthonisz	Exeter Whs CC	Male	Vet (50-60)
7	10:07	Rob	Wensley	Exeter Whs CC	Male	Vet (40-50)
8	10:08	Alfie	Downey	University of Exeter Cycling Club	Male	Espoir
9	10:09	Jodeci	Pugsley	Exeter University Triathlon Club	Female	Espoir
10	10:10	Jasper	Cantwell	Exeter University Triathlon Club	Male	Espoir
11	10:11	Ben	Ware	Wellington Wheelers Cycling Club	Male	Vet (40-50)
12	10:12	Elliott	Colyer	University of Exeter Cycling Club	Male	Junior
13	10:13	Brett	Campbell	Chepstow Cycling Club	Male	Senior
14	10:14	Tristan	Kelsall-Spurr	Exeter Whs CC	Male	Senior
15	10:15	Mike	Egan	1st Chard Wheelers	Male	Vet (50-60)
16	10:16	Lloyd	Сорр	Okehampton CC	Male	Senior
17	10:17	Rod	Saxby	Exeter Whs CC	Male	Vet (50-60)
18	10:18	Claire	Pile	Saint Piran	Female	Senior
19	10:19	Emily	Conn	University of Exeter Cycling Club	Female	Espoir
20	10:20	Thomas	Reed	University of Exeter Cycling Club	Male	Espoir
21	10:21	Tim	Fowler	Exeter Whs CC	Male	Vet (50-60)
22	10:22	Mike	Bollard	Exeter Whs CC	Male	Vet (40-50)
23	10:23	Diogo	Pacheco	Exeter Whs CC	Male	Senior
24	10:24	Finlay	Webb	Exeter Whs CC	Male	Junior
25	10:25	Jonathan	Hobbs	Okehampton CC	Male	Senior
26	10:26	Nathan	Bale	Backpedal	Male	Senior
27	10:27	Keane	Powell	Exeter Whs CC	Male	Senior
28	10:28	James	Powell	Exeter Whs CC	Male	Vet (40-50)
29	10:29	Darin	Dodd	Mid Devon CC	Male	Vet (50-60)
30	10:30	Dennis	Ledger	The East Devon Cycling Club	Male	Vet (40-50)
31	10:31	Thomas	Leger	Brixton Cycles Club	Male	Senior
32	10:32	Martin	Shapland	Revo Racing	Male	Vet (50-60)
33	10:33	Ryan	Edwards	University of Exeter Cycling Club	Male	Espoir
34	10:34	Aidan	Rees	The East Devon Cycling Club	Male	Espoir
35	10:35	Nikki	Toomer	Exeter Whs CC	Female	Vet (50-60)
36	10:36	Richard	Bray	Wellington Wheelers Cycling Club	Male	Vet (50-60)
37	10:37	Malcolm	Chave	Okehampton CC	Male	Vet (60+)
38	10:38	Jon	Tune	City Cycle Couriers RT	Male	Vet (40-50)
39	10:39	Pete	Bishop	Exeter Whs CC	Male	Vet (60+)
40	10:40	Joe	Kerner	trainSharp Development Team	Male	Espoir
41	10:41	Geoff	Ware	Minehead Cycling Club	Male	Vet (40-50)
42	10:42	Harry	Shadbolt	Exeter Whs CC	Male	Senior
43	10:43	Joseph	Staddon	Exeter Whs CC	Male	Vet (40-50)
44	10:44	Gideon	Aroussi	Exeter Whs CC	Male	Vet (50-60)
45	10:45	Harry	Findlay	University of Exeter Cycling Club	Male	Espoir
46	10:46	Adam	Lightfoot	University of Exeter Cycling Club	Male	Espoir
47	10:40	Tom	Henry	Team DCP	Male	Vet (40-50)
48	10:47	Charlie	MacTear	High Wycombe CC	Male	Espoir
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49	10:49	Lawrence	Hawkins	Okehampton CC	Male	Vet (40-50)
50	10:50	Callum	Start	Mid Devon CC	Male	Junior
51	10:51	Daniel	Eastment	1st Chard Wheelers	Male	Vet (40-50)
52	10:52	Ben	Turner	Wellington Wheelers Cycling Club	Male	Vet (40-50)
53	10:53	Jack	Wilson	Wheal Velocity	Male	Junior
54	10:54	Alfie	Pilkington	Exeter Whs CC	Male	Senior
55	10:55	Peter	Norris	Cycle Sport South Hams	Male	Vet (40-50)
56	10:56	Jack	Dallyn	Team Tor 2000 KALAS	Male	Espoir
57	10:57	Felix	Whetter	Mid Devon CC	Male	Junior
58	10:58	Matt	Tupman	Okehampton CC	Male	Senior
59	10:59	Andrew	Feather	HuntBikeWheels.com	Male	Senior